

## In-Home Care Support: 10 Questions to Ask

Have you felt:

- You cannot leave your care recipient at home alone because they may fall, forget to take medications, hurt themselves, or forget to eat?
- A loss of personal time, had trouble sleeping, or felt overwhelmed with juggling work, family, and friends?



These may be signs that you and your care recipient can benefit from considering support through an in-home care service. Use the question list below to help you decide on which in-home care agency is the best fit for you.

### **Location**

1. What is the in-home care agency's service area (city and county)?

### **Services**

2. What types of services are offered?
3. (If important) In what language(s) are caregiver services available?

### **Hours and Cost**

4. What days of the week and hours are services available? Are 24/7 services available?
5. Are there a minimum number of days/hours that are required?
6. What is the cost (per hour/day)? Will you be billed monthly?
7. Are there additional costs for other services?

### **Finding the Match with the Caregiver**

8. Will there be an ability to change caregivers if they are not a good match/fit? Do they do a background check?
9. What are the next steps?
10. Will there be an initial visit to my home? Will they conduct a home assessment?