

Multisensory Items & Activities for Those Affected by Cognitive Decline

Studies have highlighted the positive impact that multisensory experiences can have on older adults affected by memory impairments such as dementia and Alzheimer's disease. Engaging, calming, and entertaining activities designed for older adults affected by memory impairments can create a multisensory experience to help address behavioral symptoms.

Note: Older adults with memory loss or cognitive deficits have differing needs. These activity items are examples of resources that may be helpful in promoting social engagement and sensory stimulation. The products listed are NOT specifically endorsed by Keiro and are provided solely as potential interventions to support older adults with Alzheimer's disease or other dementias.

Puzzles and Brain Stimulating Exercises

Relish Musical Audio Bingo Game

<https://www.amazon.com/Relish-Musical-Bingo-Game-Alzheimers/dp/B08JF3QJCO>



Relish Magnetic Baking Cupboard Picture Puzzles

<https://www.amazon.com/Relish-Baking-Cupboard-Magnetic-Puzzle/dp/B08GH5W3MJ?th=1>

Keeping Busy Match The Shapes Wooden Game

https://www.amazon.com/Keeping-Busy-FBA_MAT-1-Match-Shapes/dp/B0128OC0LM



Relish All About us Dementia Board Game

https://www.amazon.com/Relish-Dementia-Multiple-Alzheimers-Activities/dp/B09W7WYBX2?ref=ast_sto_dp

Calming and Comforting Items

Kumuni Dementia Fidget Blanket

<https://www.amazon.com/KUMUNI-Dementia-Activities-Alzheimers-Dementia/dp/B09G5N9435>



Healthy Seniors Fidget Blanket for Dementia

<https://www.amazon.com/Healthy-Seniors-Blanket-Suffering-Dementia/dp/B097HGXRWC>

Relish Adult Turn Fidget

<https://www.amazon.com/Relish-Turn-Fidget-Widget-Wooden/dp/B08GHDM1DM>



Perfect Petzzz Companion Pet (Border Collie)

<https://www.amazon.com/Perfect-Petzzz-Handcrafted-Synthetic-Materials/dp/B002PJ37XG>

Ultimate Aromatherapy Diffuser & Essential Oil Set

<https://www.amazon.com/Ultimate-Aromatherapy-Diffuser-Essential-Oil/dp/B07JD2GDKN?th=1>



For an electronic version, please visit keiro.org/sensory-item-guide.

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