

IYASHI CARE

Keiro-Providence Senior & Community Services Program

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It's not that I'm afraid to die, I
just don't want to be there
when it happens.

Woody Allen

CAPC Definition Palliative Care

- Palliative care, and the medical sub-specialty of palliative medicine, is **specialized medical care** for people **living with serious illness**. It focuses on providing **relief from the symptoms and stress of a serious illness**. The goal is to **improve quality of life for both the patient and the family**.

Definition of Palliative Care cont.

- Palliative care is provided by a **team** of palliative care doctors, nurses, social workers and others who work together **with a patient's other doctors** to provide an **extra layer of support**. It is appropriate at **any age** and at **any stage in a serious illness** and can be provided **along with curative treatment**.

HOSPICE IS A FORM OF PALLIATIVE CARE



The diagram consists of a large light blue oval containing the text "Palliative Care" in purple. Inside this oval, at the bottom center, is a smaller orange oval containing the text "Hospice" in white. This visualizes hospice as a specific form of palliative care.

Palliative Care

Hospice

Program Characteristics

- Highest quality **home & outpatient** interdisciplinary palliative care consultation services
- **Japanese American or Japanese, Japanese-speaking** (strongly preferred) **staff** – Physician, Nurse, Social worker, Administrator, Administrative Assistant
- Targeted health services to the Japanese American and Japanese communities in **Los Angeles, Orange & Ventura** counties
- **Referral sources: Physicians/providers, community outreach, word of mouth, self, insurers**

Consultation Services

- **Out-patient visits**

- Skilled Nursing Facilities, Assisted Living Facilities, Board and Care Homes, Clinics

- **Home visits**

- **Phone consultations and follow-up with 24/7 on-call physician availability**

- **Mobile sites**

- Community Centers, Churches

- **No charge for services currently**

Development & Training of Volunteer Services

➤ Professionals

- ❑ Pharmacists, Physicians, Nurses, Nurse Practitioners, Social Workers, Chaplains, Physical Therapists, Occupational Therapists, Health Profession Students

➤ Non-Professionals

- ❑ Administrative support, Technology support, Event support

Gaps Addressed

1. Pain and Symptom Management

- My cancer is being treated and shrinking, but I have so much pain/nausea/trouble breathing. I don't know if I can take much more. My cancer doctor is trying things but I am miserable. Can you help me?*
- My husband has Alzheimer's and he is having more difficulty swallowing. Will a feeding tube help him get better?*

Gaps Addressed

2. Goals of Care Discussions

- My husband has stage IV cancer and doesn't want more treatment but I want him to keep fighting. What should I do?*
- My dad has congestive heart failure and is getting worse. How can my mom and I take care of him?*
- My grandmother is in a skilled nurse facility and has had three pneumonias in the past six months. She is tired of going to the hospital. Do we have to keep going back to the hospital?*

Gaps cont.

3. Advance Care Planning

- My husband and I want to make plans for our retirement and our future. We have questions about a durable power of attorney for healthcare. Can you answer those questions? Why do we need to have one?*
- What is this pink sheet called a POLST (Physician's Orders for Life-Sustaining Treatment). Do I need one?*

Gaps cont.

4. Patient/Family Healthcare Provider Disagreement/Conflict

- My sister had a large stroke and is not able to speak or eat and the doctors say she needs a feeding tube. I don't think she would want one but her husband thinks she would. Who decides?*

Gaps cont.

5. Family Meetings (in-person, phone, FaceTime)

- My husband is dying of cancer and I don't know what to say to my school age kids. Can you help me?*
- My two daughters are flying in from out of state and they want to know what is going on with my cancer treatment, but it's so complicated. Can you help me explain things to them?*

Gaps cont.

6. Caregiving Planning & Safety Assessments

- My wife fell and broke her hip. She had surgery and is now in a rehab facility. I work and can't take care of her. How can I keep her from falling? I am overwhelmed!*
- Should I buy long term care insurance?*
- Can you recommend a good skilled nurse facility?*

Gaps cont.

7. Psychosocial and Spiritual Support

- My cancer is getting better but I can't sleep because I am so anxious and afraid of going to sleep and not waking up!*
- Why did God let me have cancer? I have tried to be a good person my whole life!*

Gaps cont.

8. Medication Questions

- My mother is having trouble keeping track of her medicines, what they are for and how to take them. Can you help us?*
- My doctor is prescribing morphine for my pain but I am afraid of taking it, I don't want to become addicted!*

Gaps cont.

9. Healthcare System Questions

- I want a second opinion on my mom's cancer.
Where should I go?*
- Does my insurance pay for caregiving help or a
skilled nursing facility?*

Gaps cont.

10. Fear of Hospice

- My oncologist mentioned hospice, but I don't think I'm ready for hospice. I want to keep fighting!*
- What is the difference between palliative care and hospice? Which one is better? Will my insurance cover one or both?*

Gaps cont.

11. Alternative Treatment Questions

- My kids want me to try medical marijuana for my pain and to help cure my cancer but does it work? I don't want to be "high!"*
- Can acupuncture help my back pain?*

Gaps cont.

12. End Of Life Option Act Questions

- I want to die using that new law in California. Can you help me?

Gaps cont.

13. Japanese Cultural Questions which Affect Healthcare Decision Making

- My eldest brother thinks he should make medical decisions for my dad, but I am his daughter who takes care of him, knows him the best and talks to all his doctors. Shouldn't I be his decision maker?*

Gaps cont.

14. Transportation Questions

- I don't think my dad should be driving anymore, but how can he get to his many doctors appointments and physical therapy sessions?*

Why Iyashi Care?

- This program will provide personalized, culturally sensitive, interdisciplinary, timely, compassionate care & help for people & their families facing serious health issues, based on the person's values, preferences & priorities, i.e. **Whole Person Care**