

Smashed Cucumber Salad

Inspired by a recipe from The Woks of Life

Ingredients + Things You Will Need

- □ 2 seedless cucumbers (about 1 to 1 1/2 lbs; 600g)
- □ 1 teaspoon salt
- □ 2 1/2 teaspoons sugar
- □ 2 teaspoons sesame oil
- □ 3 teaspoons light soy sauce
- □ 1 1/2 tablespoons rice vinegar
- □ 1 clove garlic (finely chopped)
- □ 1 large Ziploc bag or mixing bowl
- □ 1 large knife

Instructions

- 1. Wash the cucumbers and pat them dry with a clean towel.
- 2. Make the salad dressing by combining the salt, sugar, sesame oil, light soy sauce, garlic, and rice vinegar into a large Ziploc bag or bowl. Mix until the sugar and salt are completely dissolved. Set aside.
- 3. On a cutting board, lay a large knife flat against the cucumber, and smash it lightly with your other hand. The cucumber should crack open and smash into four sections. Repeat along its full length.
- 4. Once the whole cucumber is completely open (usually into 4 long sectional pieces), cut it at a 45-degree angle into bite-sized pieces.
- 5. In a large Ziploc bag or bowl, mix the cut cucumber with the prepared dressing. Toss it well.